



**University
NEWS LETTER**



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Editorial

“Holi is the time to reach out with colors of joy;
it's the time to love and forgive”

The publication and Creative writing society feels delighted to share this issue of SBS times. The month of March begins with the celebration of Holi “the most colorful and vibrant festival of India”. Holi is a popular springtime celebration observed on the last full moon of the lunar month, the time of the year when humans and nature seek to throw off the gloom of the winter months and welcome spring. Holi signifies the triumph of good over evil. Its well explained in the “Bhagwat Geeta”, that when the obnoxiousness reaches at its peak level, it itself reverberates its end. Bright, vibrant colored powder “gulal” and water balloons are the highlights of this festival and signifying energy, life and joy.

The highlights of this issue are “Spring Festival 2019” a seasonal flower exhibition organized by Uttarakhand State Government at Raj Bhawan, Dehradun and “Annual Athletic Meet” displaying the qualities of sportsmanship and teamwork amongst the students.

**Enjoy Reading
Editorial Board**

Photograph of the Month



Student Column

Udta khwab

Vo din bhi jald hi aayega,
Jab mera udta khwab mjhe yaha se kahin duur le jayega.
Jo spne unn zanjeeron me band the,
Aaj vo bhi khul gye kyunki mere honsle buland the.
Vo rok vo tokk sab peeche chodh diya,
Jo bachpana tha ab usse bhi nichodh diya.
Unn unchaiyon ko choone ka ek jazbaa andr aa gya h,
Vo naam roshan krne ka junoon ab aankhon k aage chaa gya hai.
Jo apki khushi me khush nhi, unhone hrdum kuch na kuch kehna hai,
Sbki baaten nigal kr ab bss datt kr rhna hai.
Uss aasman ko dekhkr, chillha kr ye bolna hai,
Koi kitna bhi khareedne ki koshish kre, lekin iss aazadi ka koi mol na hai.
Aaj k baad fir kbhi bakse me chup kr nhi rhungi, Jo raasta sahi h ussi pe chlungi,
Na kisi se kahungi, na kisi ki sunungi.

Vidushi Kala, B.Sc. CBZ

Annual Athletic Meet

Annual Athletic Meet (25 February- 05 March 2019) organized by Sardar Bhagwan Singh University, Dehradun was concluded on March 5 with flamboyant spirit. Col. (Retd.) Ajay Kothiyal, KC, SC, VSM was the Chief Guest for the Closing Ceremony of the Meet. The sweat bursting Athletic Meet saw some fierce competition between the four Houses (Ajit, Fateh, Jujhar and Zorawar) of the University. Vice Chancellor Prof. A. K. Sharma welcomed the gathering and encouraged the students to take part in extracurricular activities for complete mental and physical development. The competition included several field and track events. The track events included 100m, 200m and relay race in 400m for both boys and girls, while 400m and 1500m marathon were for boys. Field events such as long jump, javelin throw, shot put and discus throw were the star events. All the houses cheered their representatives creating an ambience of healthy competition.

The winners in various categories are as follows: Mohit Bisht and Swarnima in 100m, Harsh Chaudhary and Promika in 200m, Subhi in 400m, Ramanjeet Singh in 800m, Promika, Aaditi, Himani and Mahek in 400m relay race of girls and Mohit Bisht, Karsh Chaudhary, Mohd. Ibrahim and Varnit Tyagi in 400m relay race of boys. The title for the best male athlete was bagged by Harsh Chaudhary while Swarnima bagged the title of the best female athlete. Overall winner of the athletic meet was Jujhar House. This colourful event received overwhelming participation and enthusiasm by students. Later The Madras regiment and NCC cadets of the University show cased March Past with a magnificent display of discipline, coordination and the impeccable synchronization. A spectacularly choreographed cultural dance was the highlight of the closing ceremony which showcased the Garhwali and Western dance form.

The Chief Guest in his address spoke about the importance of sports as an indispensable part of education which help to build self-confidence. He also appreciated the management to encourage the students to involve in sports activities. Chief Guest congratulated winners and felicitated them with medals and certificates. The event was graced by the esteemed presence of Sardarni Harinder Pal Kaur, Chancellor Shri S P Singh, Secretary (GBSS) Dr. G D Singh, Academic Advisor Dr. Luv Kush, Registrar Mr. Kishan Rawat, COE Ms. Urmi Chaurasia, Dean (Academics) Prof. F C Garg, Dean (Student welfare) Prof. Manish Arora, Dean (R&D) Prof. G S Randhawa, Prof. Veerma Ram (Director, Pharm. Science), Manager (Administration) Mr. Zorawar Singh, HOD's, faculty, staff and students. The sports meet concluded with the vote of thanks by the sports convener Mr. Mohd. Ajmal.



SPRING FESTIVAL

Spring festival is an annual event organized by Uttarakhand state Government at Rajbhawan Dehradun. Spring festival 2019 was organized at Raj Bhawan on 9th -10th March 2019. Many competitions were there and different organizations (Govt and private), Nurseries and hobbyist participated in them. Students of SBS University also participate in spring festival 2019 13 students from Nature club participated in different categories like fresh flower decoration bouquet, garland and fresh flower rangoli

Shubham Baliyan M Pharm 2nd year Pharmacognosy won first prize in Fresh flower petals rangoli. The student attends the event on 9th under the supervision of Co-Convener of Nature club Dr. Anupama Singh. The prize was collected in the presence of Convener of the club Mr. Ankush Sundriyal.



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